KABBALAH TEDAY

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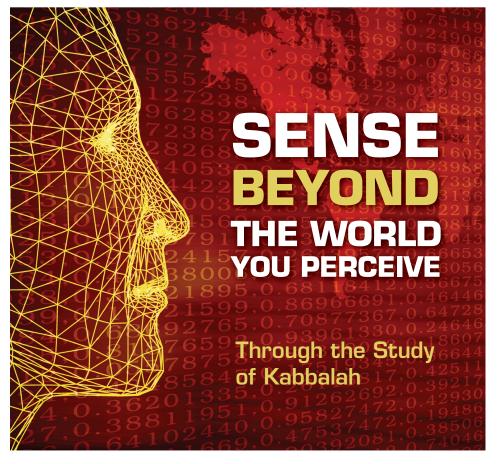
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waiting on the world to change



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YOUR QUESTIONS



by Gil Shir

t is a well known fact that we perceive the world using our five senses. In this way, we are like a black box that only perceives the things entering it from outside. It is affected or pressured by external forces and then reacts to these influences.

Whatever enters this self-contained system (us) through the five senses goes on to be recorded, processed, and analyzed by a complicated system we call "the brain." The resulting picture constitutes our entire perceivable reality.

THE INTERNAL PICTURE OF OUR WORLD

So, what we perceive is our reactions to external influences. It is the culmination of our senses processing all the external information that comes our way. The entire collection of our sensations gives us an internal picture called "our world." Thus, even though the world appears to be outside us, it is actually an entirely subjective, internal picture. Using just our five senses, we are unable to compare the objective reality existing outside us with the subjective reality existing inside us.

Is it possible for us to get around the

limitations of our perception? Scientists have invented a wide array of instruments to expand the range of our sensations, including microscopes and telescopes. However, none of these tools are able to provide us with a truly new sense. No matter how much we expand the range of our five senses, we still remain trapped within the framework of our regular sensations.

Collectively we all share common sensations that enable us to communicate with each other, exchange signs and impressions, and understand each other. All our senses, which are organs of receiving information, are built in order to receive, record, process, and evaluate the incoming information exclusively according to its benefit to us.

EXPANDING OUR PERCEPTION

But could it be that there is something else outside of us that we don't quite feel or identify? Kabbalah – a wisdom of expanding human perception, reveals that indeed, there is a whole additional world outside of us, whose existence we don't even suspect. Our five senses simply don't "pick it up," and therefore we do not feel it.

The word "Kabbalah" means reception. It is a method enabling us to develop an additional sense for "receiving" information about that which exists in the external universe. By mastering this method, one starts feeling the surrounding world in a completely different way.

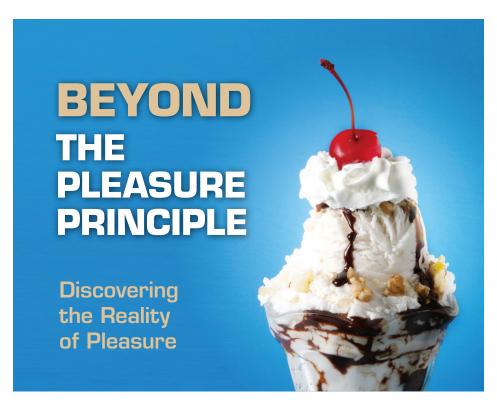
SENSING THE SPIRITUAL WORLD

Kabbalists are ordinary people just like you and me; the only difference is that they have developed a new sense that enables them to feel an additional realm of reality, the spiritual world. The method of doing this is ancient and scientific, with its own mathematical, methodological, and psychological systems. It investigates the mechanics of man's inner world and demonstrates how one can go beyond his internal sensations in order to attain the external ones, even before they start affecting his five senses.

ATTAINING THE SPIRITUAL WORLD – TOTAL PERFECTION & ETERNITY

Equipped with the Kabbalistic method, a person living in our world, in a physical body, can sense beyond the limitations of the body. He is then able to sense the world outside himself, revealing universal laws of nature. By attaining the spiritual world through the additional sense organ, one is also able to see the origin and consequence of all the sciences in our world. A person turns into a researcher who is able to draw the line between that which is already revealed and that which is inaccessible to scientific research. He can see where the perception produced by our five senses and its logic ends and where the external world begins. All of this is possible by coming out of the limitations of our world through developing a new sense.

But the purpose of the new perception is not purely scientific; it is quite personal. The ultimate goal of the spiritual energetic system that we discover through developing the new sense is for man to receive the ultimate pleasure, to reach total perfection and eternal existence.



by Keren Applebaum

How do we receive pleasure without it fading? Learn how...

THE WISDOM OF HOW TO RECEIVE

There are those rare moments in life when we feel that everything around us is permeated by a special force, enveloping us with kindness and suffusing the whole world with love. This sensation gives us the most intense feeling of pleasure we have ever experienced. When you feel it, you know that everyone in the world would give anything to experience it.

But as it turns out, our ability to feel pleasure is much greater even than this. The wisdom of Kabbalah, which is the wisdom of how to receive the ultimate pleasure, says that even though that sensation seems like the peak of enjoyment, it is but a microscopic dose of what one feels upon discovering the spiritual realm of reality.

Indeed, the spiritual sensation is

so intensely delightful that none of us would be able to bear it within our current abilities to feel. It would be like winning a jackpot of a trillion dollars: your heart would just burst from the intensity of the experience.

However, this is only so as long as our abilities to feel are limited. Kabbalah teaches us how to develop and expand them, reaching a level of perception where we experience eternity, perfection, boundlessness, and infinity.

In order to expand our sensitivity, our ability to feel and experience pleasure, we have to learn how to receive pleasure in a novel way, where the pleasure we feel will always expand instead of diminish.

WHY CAN'T WE FEEL LASTING PLEASURE **RIGHT HERE AND NOW?**

Without even noticing it, we all receive pleasure egoistically, which is why the

pleasure we feel is so short-lived. Any time we enjoy something, the pleasure only lasts for a moment and then disappears. Sometimes it lasts for several minutes, hours, or even weeks, if the thing we receive is really big, such as a new home or an exciting trip. But eventually, all the enjoyment we felt ends and disappears.

Our problem is that we try to fulfill ourselves directly, and the fulfillment immediately neutralizes our desire for it. No matter how passionately we wish to attain something, whether it be food, drink, sex, fame or anything else, as soon as we achieve it, the pleasure immediately fades. We wish for something so much and we spend years chasing it, but as soon as we receive it, the pleasure is gone.

Why is that!? You save money for a new home for several years, then you finally buy it, and just a few weeks or months later, you no longer have that feeling of novelty and pleasure. That is because by buying the home, your desire for it becomes fulfilled and it ends.

Kabbalah teaches us how to get around this predicament by building a desire that is eternal. We are then able to feel pleasure from everything, and moreover, our pleasure continuously grows and expands.

In the meantime, we are like children dreaming of a carton of ice cream, but in reality we wouldn't be able to eat more than three servings...

THE SECRET TO LASTING PLEASURE IS KNOWING HOW TO "FLIRT" WITH IT

Kabbalah reveals a very unexpected method of receiving lasting pleasure: all we have to do is "conceal" our desire in a process that is very much like flirting.

For example, think of how a woman covers herself up and then gradually reveals herself. It's a game where beauty and enjoyment are revealed from concealment. The concealment attracts, causing the pleasure to be revealed.

Similarly, while the lasting pleasure we long for is concealed from us, we have to acquire a desire for its revelation. Once we reveal the pleasure, the trick to keeping it going is to conceal that revelation from our own egoistic desire. If we veil or conceal pleasure from our egoism, we rise above our egoistic desire and reveal a vast spiritual pleasure. And that is the way to achieving lasting fulfillment.

Kabbalah is the method of how to guard the pleasure we attain, ensuring that it will fulfill us without ever fading away. As a result, we achieve a feeling of eternal and perfect life.

The only reason we ever feel worthless, defective, and mortal is because we reject the partition that should exist between the pleasure and the desire. Incidentally, people who work in technology know how to implement this principle. They don't just connect two wires directly, because that would cause a short circuit. Instead, they place a resistor between them, which produces a beneficial result. However, when it comes to our lives, we disregard this principle, and that is why our devices work, while we remain unfulfilled.

The greatest wisdom in the world lies in knowing how to keep the covering that guards or conceals the greatest pleasure in the world, spirituality. Then, the concealment will always attract us. That is how we will reveal the eternal, perfect spiritual world and all of its pleasures.



THE POINT IN THE HEART is a desire for spirituality that awakens from egoistic desires, which an individual cannot fulfill. When the last degree in the evolution of human desire, the desire for spirituality, is evoked, it is called a point in the heart. Beyond worldly pleasures - food, sex, family, wealth, power, and knowledge - a desire for something higher develops, it is the point in the heart.

The point in one's heart is like a drop of desire, a yearning for supreme attainment. This point is sensed as Light, or the sensation of our Source. From that point, a person's spiritual evolution begins.

44 As far as the laws of mathematics refer to reality, they are not certain, and as far as they are certain, they do not refer to reality.

Albert Einstein

by Elliot Pines, Ph.D.

Dear Readers, of your own free choice, please hold hands in unity and join in a very important ride - the journey of the soliton.

THE SOLITON -**MAINTAINING UNITY**

The soliton, today known to manifest in light as well as water, was discovered by John Scott Russell in 1834 in Scotland's Union Canal. He observed a violent churning of water after a horsedrawn channel boat suddenly came to a halt. A heap of water burst forward into a smoothly rounded formation, traveling steadily at 8 or 9 mph while maintaining shape. Russell followed by horse for one or two miles until the formation diminished in size and was lost in the channel windings.

The phenomenon shocked scientists, apparently violating Isaac Newton's wave mechanics. A wave is generally slower, and also rapidly flattens or spills over. How could a large heap maintain size and shape instead of immediately collapsing?! Further, two solitons pass through each other intact. Why didn't two equals smash each other, or a large one swallow up a small one?! The fascinating answer is that the two effects that individually would pull the heap apart, balance out in a soliton.

NO PART COERCES ANY OTHER, YET THE WHOLE **ADVANCES WITH COMPLETE STABILITY**

Twelve years before Russell's discovery, Jean Baptiste Joseph Fourier discovered that even if a wave is not a pure sine wave, it can nonetheless be produced mathematically by adding sine waves of different frequencies (how fast they go up and down) and heights. Physically, the speeds at which these sine waves travel in water shows "dispersion," that is, depend upon frequency. But the speeds also show "nonlinearity," that is, depend upon the height. If the sine waves provide just the right heights for each other's frequencies, they unify into a soliton. No part coerces any other, yet the whole advances at high



speed with complete stability, even in a growing complex of additional solitons.

CONTRADICTORY PERCEPTIONS OF **REALITY**

The early 20th century brought greater Newtonian heresies, General Relativity (that the universe just curls around instead of going on forever), and Quantum Mechanics (that there's a limit to how small things can get). These ideas are even heresies of each other! Einstein was the first to realize that these two deeply contradictory perceptions of reality can't live in the same world. David Hilbert, as respected in mathematics as Einstein was in physics, realized that neither is in our world, but rather determine it!

PARADOXES OF **INFINITY**

Hilbert's 1925 paper, "On the Infinite," grapples with a more fundamental failure of Newton: his math. Calculus is very useful, but not for solving the paradoxes of infinity. For example, take a little circle and a big one, with the same center. By drawing rays out from the center, one sees that every point on the big circle has a corresponding point on the little circle. But if there are no spaces between the points on the big circle, how can that circle be bigger!? Think about it.

Karl Weierstrass proved this in 1872, beginning "the Great Crises" that threatened to undermine all mathematics. Hilbert posed the question of how nature eliminates these paradoxes. His profound suggestion - relativity and quantum - set finite limits of large and small as if total size and pixel size of a universal computer screen.

Over the next quarter century, the Big Bang understanding of the birth of the universe, and Claude Shannon's Information Theory, enter the picture. The first shows that the universe is not merely determined by relativity and quantum, but the very stuff of physical reality is created from their complete overlap at the beginning of time. That is, they actually crash into each other as space curls up smaller than the size of a quantum.

The second implies that quantum "entanglement" (an intimate connection by similarity of potential form despite physical separation) and "reduction" (the light of a single actual reality revealed out of all the potential ones of the entangled-quantum vessel), act as the source of information. This, while on the other hand, relativity acts as a sink, swallowing this information into actualized form called "the curvature of space-time."

ANSWERS FROM HIGH ANTIQUITY - NATURE'S GIVING AND RECEIVING

In his book, Bail Yourself Out, Michael Laitman notes that Nature was already recognized in high antiquity to reduce to source and sink actions. Translating to the conscious level, they are the production of the substance of pleasure and its absorption into form - giving and receiving, plain and simple. This underlying principle takes us from the subatomic into molecular below, to the planetary into cosmic above. Richest is here in the middle - life up to our human community, and its ecological interactions. But does it end here?

In general terms, natural history is information feeding complexity to alternatively grow it into greater systems - intricate, interrelated forms "unified in diversity," and to sustain each level. In his book, The Physics of Immortality, Frank Tippler observes that this process appears to lead to an "Omega Point" - call it ultimate evolution, unified infinite consciousness, or communion with the Creator. The downside is that a dead-end system blocking the path signs its own death warrant, at least down to the level of components that could reconstruct, however painfully, to try again.

Component viability was a mindless matter until humans discovered that they could manipulate their environment. They could redirect information into forms that optimize their personal benefit at the cost of the general good - the harmonious growth of the whole.

THE PRESENT - THE POTENTIAL FOR UNITY

This brings us to the present, a moment of great danger and potential. The danger is that with the rise of globalization, humanity's interdependency means it can no longer tolerate a strictly individual pleasure principle any more than a physical body can tolerate cancer. The system will not just "crash." We "components" will be painfully reworked if not broken down entirely, to open up the way for a different path to viable complexity. If nature has to take this course, it won't be a very pretty picture for us.

But it doesn't have to if we would but convince ourselves without coercion to make the journey of the soliton - not just to survival, but to infinite good. Readers, we can do it!

by Katie Murphy

The economic crisis spurs a Vermont cabdriver to trust his customers to determine their fares. His leap of faith nears the altruistic Law of Nature and the real solution to the world crises.

Youldn't it be nice to live in a community, a town, a state, a country, or a world where everyone took care of each other's needs? Think about it, all your needs for food, housing, income, education and transportation being given to you by members of the community in which you live! Sounds like a pipe dream, but this is exactly what Eric Hagen thought to do, by allowing patrons to decide the cost of his taxi service.

The sign on his taxi reading, "Pay What You Want!" surprised and delighted members of the Essex Vermont community where Hagen lives. In an article appearing in the Associated Press on August 3rd of this year, Hagen explains that he came up with the idea of a "Recession Ride Taxi" using the philosophy that his patrons would decide the price of their fares. He told the Associated Press that most of his clients paid in cash, but one woman paid with a gift card to a supermarket, and a musician once paid with a CD.

Eric Hagen took a leap of faith, trusting that if he took care of the needs of his community, his patrons would take care of him, and it paid off. When asked how this approach was working for him, Hagen said he has yet to be short changed.



ONE FOR ALL -THE OPERATING SYSTEM **OF NATURE**

When we look around us we see how beautifully this concept works to sustain every living organism in the world, from the tiniest particle, to the vast universe, a natural and automatic give and take. We can look at our own bodies as an example of how all the complex functions of every cell, organ and system work together to mutually benefit the health of the whole body. Each part of the body does its job to give what is needed to all the other parts and, in return, each organ or cell of the body is supplied with what it needs. Every independent element works for the benefit of the whole, and the entire body is sustained and thrives with this natural principle of giving and taking. In fact, every living organism comprises a combination of cells and organs that work together and complement each other in perfect harmony. This law of cell and organ integration works according to the altruistic principle of "one for all" and operates in every living structure.

Conversely, if one part of the body stops functioning properly, the affect is felt within the entire body, not just in the part that is "sick." Every cell and organ is connected within the general system of the whole human body.

Nature's law is true for humanity's body as well. It is certain that in today's global village, all of humanity is intertwined and connected on every level: economically, socially, environmentally and electronically, to name a few obvious connections. When one part of humanity's body begins thinking of only itself, instead of for the whole, the negative affect ripples through every connection, and is felt as a sickness - a crisis. We see the manifestations of this illness in humanity as crises in the environment, the global economy, education, failing governmental systems, and terrorism; these are the "pains" felt by our collective whole.

BALANCING GIVING AND RECEIVING

To cure the crises we can look to nature and its laws for the answer. The science of Kabbalah explains that there are two forces governing all of nature: giving and receiving. These forces comprise all the interconnected relationships found in the tiniest particle, in every cell, within a human body, and within humanity's body. In nature, the giving and receiving are balanced. If the force of receiving becomes greater than the force of giving within any system, that system breaks down, becomes sick, and a crisis develops.

Kabbalah is the practical method of attaining balance and harmony with nature's forces - the forces that influence and create our communities, our towns, our states, our countries, and our world. Like Eric Hagen and his "Recession Ride Taxi," if each person feels himself as a part of the greater whole, takes part in the health and well being of each other, and consciously chooses to act as, "One for All," there will be no more crises, and humanity will be healed.







DISCOVER KABBALAH

WINTER SEMESTER Begins January 6, 2010 at 8pm Eastern Time

Free, Live, Interactive Internet Courses Based in Authentic Kabbalah Reveal Kabbalah's intended purpose and use, who you are and your life's true purpose. Kabbalah provides a deep understanding of nature, the world, and ourselves. It's an experience that will change how you perceive your reality.

DISCOVER

- What Kabbalah really is
- The nature of the force and law that shapes our lives, how to connect with it, and its practical implementation
- How you can correct yourself and help correct the world by studying the wisdom of Kabbalah
- How to study from authentic Kabbalistic texts and sense the unique illumination

COURSES

- The Learning Center provides a step by step program for those interested in learning more about this wisdom
- Study live twice a week, or at your convenience by downloading archived lessons
- Interactive live lessons: students' questions are answered by proficient instructors during the broadcast

MATERIALS

• All course materials are free to download (text, video and audio)

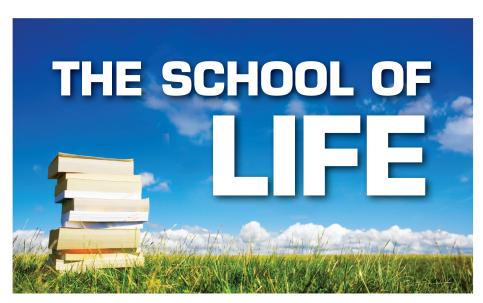
ADDITIONAL LEARNING CENTER OFFERINGS

- Student Forum an online "study hall" where lesson related questions can be asked and are answered by instructors
- Opportunities to study with Bnei Baruch's founder, the world's foremost Kabbalist Dr. Michael Laitman
- Invitations to special events to meet with fellow students, families and instructors, from around the world, to experience the practical application of the study

ABOUT THE BNEI BARUCH LEARNING CENTER

In 1991, Dr. Michael Laitman, established Bnei Baruch for studying, teaching, and disseminating authentic Kabbalah. Bnei Baruch (Sons of Baruch) is named in memory of his mentor, Kabbalist Baruch Ashlag, son and successor of Kabbalist Yehuda Ashlag, Baal HaSulam, (Owner of the Ladder) author of The Sulam Commentary on the Book of Zohar.

Register NOW at KabbalahLearningCenter.info



by Riggan Shilstone

Education is the process of interaction and feedback we receive from our environment. Kabbalah teaches us how to harness the power of our environment to educate us in this changing world.

ow far back into your childhood can you remember? If you're like me, maybe those first memories surface around age 4 or 5. Those who have a clearer vision, or who have had the chance to watch a child of their own, are privy to a wondrous transformation that is played out each and every day. We all start life with just a few instinctive skills - how to suckle, grasp a finger, or wail in discomfort. All of our needs are instantly provided for by our doting parents.

Soon, however, we start learning how to manipulate our environment. Maybe that cute grimace on our face always elicits a laugh from Mother, so we naturally try to repeat it. We discover that chewing the rattle feels good on our gums, so we start working on how to get the rattle in our mouth instead of poking ourselves in the eyes with it. Virtually every waking moment, an infant's mind is forging new connections

about how its body and the surrounding world function and interact.

As we grow into childhood, we keep expanding our horizons, assessing each new situation to determine how to get the most pleasure possible while expending the least amount of effort to get it. This is as natural for us as breathing, and the world gives us instant feedback to help us make adjustments. What little girl has not learned by age 6 that looking at dear old Dad with big eyes and saying "Pleeeeease!" will most likely get her what she wants? How many little boys find out the hard way that picking on the biggest, toughest kid in the class is bound to have bad results?

ENTER THE CLASSROOM

The particular circumstances that work or don't work for us in our environment shape our behavior and our future with a force that is almost impossible to break later in life. Yet this powerful and inevitable force is not what we mean when we talk about "education." Instead, we use the term to refer to a collection of facts, skills and ideas that are imposed on us by some outside au-

thority. Realistically, virtually all of this "formal education" is lost almost as soon as the child leaves the classroom. How many of you can rattle off the names of the Presidents or the capitols of all 50 states? Can you solve a polynomial equation, or remember the difference between ionic and covalent bonds?

Our focus on an education based on facts and figures has several unfortunate consequences. For many people, the process is so painful that it creates a lifelong aversion to learning. Many people can't wait to graduate and learn their basic job skills so that they can be finished with "education." Life changes that require the acquisition of new skills are then extremely traumatic, rather than being simply a new stage in

WHERE "EDUCATION" **FAILS US**

Probably more critical, though, is that our focus on classroom learning numbs us to the true education that is available to us through our own personal exploration of the world. Unconsciously, we are all influenced by our environment. We react and make adjustments based on whether our actions bring us pleasure or pain. Each time our environment changes, whether it is as simple as meeting a new friend or as life changing as marriage, a new job, or a move, we must learn new "rules" of behavior and adjust to the changing circumstances. But imagine the power that would be at our fingertips if we were taught the skills necessary to actively use this mechanism to shape our lives and the world around us? Our sensitivity to the cause and effect relationships in the world would increase exponentially if we were watching for and in tune with this feedback.

ANSWERS FOR A NEW WORLD

This is, in fact, the solution to many of the crises we are experiencing in the world today. The world around us has fundamentally changed: we now live in a global, interconnected world. The problem is that we grew up in a world where competition, independence, and isolation were the norm. The skills and behaviors that worked in that old world are no longer successful approaches in the new world, and the events in the world around us are broadcasting that message to us loud and clear. However, we have lost the ability to hear it.



The answer? We need to adopt a broader concept of education and learn to use it to our advantage. We need to tune into what world events are clearly telling us: that the problem lies in the connections between us. We need to adjust ourselves to be in alignment with this message rather than continuing to try to force fit old solutions into new circumstances. The tools for attuning ourselves to these new circumstances of global interconnection can be found in the methods of Kabbalah, which teach us how to transform mankind's relationships in a mutual and globally beneficial fashion. Kabbalah can show us how to return to the "school of life," where we enter every experience with eyes wide open, looking for connections and consequences just as we did as children. The answers are there for us if we will only look. And in this way, we can identify the skills that are truly important for us (and our children) to know in life



by Deborah Sirt

What holds us back from making a better world? – Our own self-interested human nature. But there is still hope – a perfect state of existence awaits us.

any of us strive to create harmony and balance; it bothers us to see unfairness in the world. We see that some people have more money and things than a person really needs for one's livelihood, while others have so little that they struggle just to survive. It is very difficult to rationalize all the excess that exists in the world when there are so many people who have limited ability to even sustain life. So if there are some that have too much and others that have too little, why don't those who have more than they need share with those who have nothing? Wouldn't that logically fix the problem?

EGOISM EXPERIMENTING WITH EQUALITY

I recently read an article about a college economics professor who taught his students an interesting lesson. The class insisted that it was a good idea for the government to control and divide wealth so that no one would be poor and no one would be rich; they thought it would be a great equalizer. The teacher suggested that they try an experiment in class. All grades would be averaged and everyone would receive the same grade. The class agreed.

After the first test, the grades were averaged and everyone received a B. Obviously the students who studied hard were upset, while the ones who studied little were happy. As the second



test rolled around, the students who studied little decided to study even less, and the ones who had studied hard before decided that they now wanted a free ride; so, no one studied very hard. The average on the second test was a D; no one was happy. By the time of the third test, the average was an F. The scores never increased, but bickering and blame did. The experiment resulted in hard feelings and made clear that no one would study for the benefit of anyone else.

What happened is not surprising. We aren't willing to do anything unless it benefits us personally. This is human nature; we are egoists. The classroom experiment beautifully illustrates this egoism, that we are simply unable to do something to benefit others unless it directly benefits us. Experiments in government based on the same equalizing principle, as the classroom experiment, have likewise failed. Fairness and equality are a wonderful goal, but human egoism would never allow it.

THE ALTRUISTIC LAW OF NATURE

Human behavior is in sharp contrast with the rest of Nature. In Nature, every component of a living organism works together for the benefit of the whole; plants and animals instinctively follow this natural altruistic law. In the human body, all cells, as parts of the whole, work together for the benefit of the whole body. Any cells that work exclusively for their own benefit, are called "cancer;" these self-interested cancer cells destroy the entire body. This is analogous to what we are seeing in the larger body of humanity.

THE PURPOSE OF OUR EGOISTIC INTERCONNECTION

Thus, it would be to our benefit, to recognize, that we are one interconnected body of humanity. We are connected globally, not just through

the internet, but as world leaders proclaim, we are connected as nations and citizens of nations; and we are all dependent upon each other. The global financial crisis made this point clear, as well as the fact that our connection is egoistically controlled, which poses a problem of global magnitude.

Our egoism, our desire to benefit ourselves, has grown so large, that like cancerous cells in a human body, we are destroying others in humanity in order to ensure that our own individual needs are met. Yet, the science of Kabbalah explains that this is all happening purposefully. Our egoism was intended to develop to this point, so that we could see its detrimental effect, so that we could recognize that there is a problem, and want to fix it.

REPAIRING THE CONNECTION

Now that the problem is diagnosed, we can seek the remedy and repair the connection between us. Kabbalah is a science that studies the laws of Nature, granting us the tools to mend this connection. We can study and implement Nature's laws within ourselves. When our individual connections are repaired in accordance with Nature, we not only correct the problems between people, but also provide the real and lasting repair for all the problems in the world because they exist only as a result of the broken connection in humanity.

Through learning and harmonizing with Nature's laws, we attain a perfect world that we cannot presently see. Kabbalists already see this perfected state, and as we repair our connection, we too, can see it and exist in it.



AWAKENING TO SPIRITUALITY

Every person experiences an awakening of "the point in the heart" at least once in his lifetime. But people usually think that the emptiness and bad feelings they have are caused by earthly reasons. A person doesn't understand that it's his soul awakening in him and demanding to be developed.

Most people don't pay attention to these moments, which come to them in various life cycles. They don't understand that these moments are urging them to begin to develop the soul. Instead, they think that they are caused by the usual down-to-earth causes, and not the exalted higher goal.

However, after being awakened many times like this, a person begins to understand why he feels bad. This realization is called the recognition of evil. A person realizes that he feels bad not because he is empty, but because his life is based on lies and lack of truth. He feels this so strongly that he is ready to hear the truth, no matter how bitter it may be.

A person has to understand that when the difficult questions are hounding him, when his mind is heavy and he feels powerless, this is the beginning of the soul's revelation. At that point, he has no choice but to develop it, since otherwise he will only prolong his suffering.

Michael Laitman's Personal Blog laitman.com

HAVE WE REACHED THE END OF **CLASSICAL SCIENCE?**

A question I received: What are the boundaries of science? Is science infinite or is it mortal as we are? If the latter is correct, do we see the end?

John Horgan in his book The End Of Science: Facing The Limits Of Knowledge In The Twilight Of The Scientific Age says that we are witnessing the end of classical science as we know it.

Science has made some great discoveries and underwent swift development due to the Cold War. But now society no longer wants to invest in the abstract, scientific exploration of nature.

Humanity faces problems that are more real than theories of super strings or the wormhole of the universe. How can we survive? The author is concerned that young people are leaving

My Comment: Science is based on humanity's attainment through the five bodily (animate) senses. Therefore, it is limited by them from the beginning.

Our desires (our heart) and mind limit the field and depth of our comprehension, and these are the limitations of science. If, however, we break away from the limitations of our five bodily senses, as well as the desires and the mind that are connected to them, then we may feel the space that is independent from them - the Upper World. We will then be able to explore it with a new means: the sixth sense or the soul.

That is what the science of Kabbalah teaches us to do. Therefore, it is the science of the future.

THE PHYSICS OF THE SIXTH SENSE

A question I received: In order to feel the spiritual world, we need to develop a sixth sense, which does not pertain to the physical body. How does it work?

My Answer: Everything that we feel is perceived by our senses, then transformed into electrical and chemical processes in the brain, compared to what exists in our memory, identified based on this, and finally, presented to the consciousness in the form of a ready-made image or concept.

Thus, a person's entire conception of the world is built out of two components: "me" and "what I perceive."

In addition, everything occurs inside

one's desire. After all, desire is the matter comprising the whole world. But what exactly is desire? It is not a physical essence, and it does not exist in the cells or anywhere else in the body.

In fact, everything we feel in the body is but reactions to our desires and intentions. We can measure electrical and chemical changes taking place in our bodies, but these are only measures of the body's reaction to what is happening in the desire. It still won't tell us about what is happening with the desire itself.

There is nothing in the physical world that can enable us to feel or measure the desire itself. Let's say I try a drink. I feel the taste and the smell, and I experience pleasure. Yet, all of these physical sensations that we can measure are only the body's reactions to this drink. No matter what, any measurement we take will only tell us about the reaction, but not the actual desire.

And that is because the desire itself is virtual; it does not exist inside matter.

EGOISM HAS REACHED THE END OF THE LINE

All the desires that people have in our world have completed their development. Thus, our world has come to a full stop. All our corporeal desires (such as for food, sex, family) as well as our social desires (for wealth, fame, power and knowledge) are in crisis because they have gone past the last stage of their development. That is why they are now mutating into perverted forms.

Egoism has no more room to develop in our world. So instead, it is starting to connect us, making us feel completely interdependent. From now on, we will begin to sense this connection more and more, even if nations and people try to isolate themselves from one another. We will eventually reach the feeling of a complete, total connection, which will obligate us to love others as ourselves.

We will then discover that this is the solution to all our problems.



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Bnei Baruch is a not-for-profit, international organization dedicated to sharing the wisdom of Kabbalah in order to raise humanity's level of spirituality. Bnei Baruch provides individuals of all faiths, religions, and cultures with the precise tools needed to embark on a fascinating journey of selfdiscovery of the real purpose of life and its attainment.

Bnei Baruch's (Sons of Baruch) founder and president, Kabbalist Dr. Michael Laitman, was the disciple and personal assistant of Kabbalist Baruch Ashlag, son and successor of Kabbalist Yehuda Ashlag, Baal HaSulam, author of The Sulam Commentary on The Book of Zohar.

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